



MONEY STORY JOURNAL PROMPTS

Reflect. Heal. Rebuild. Your Wealth Story Starts Here.



Book Free 30-Min Call

Your money story started long before your first paycheck. Understanding it is the first step to changing it.

YOUR EARLIEST MONEY MEMORIES

What is your earliest memory of money? What did you see or hear?

How did the adults in your life talk about money growing up?

Did you grow up feeling like there was enough money, or never enough? How did that feel?

YOUR MONEY BELIEFS TODAY

What does money mean to you? (security, freedom, stress, power — be honest)

What is a belief about money you were taught that you now question?

Complete this sentence: 'Rich people are _____.' Where did that belief come from?

YOUR MONEY BLOCKS

What has been your biggest financial mistake? What did you learn from it?

Is there something you keep telling yourself about why you can't build wealth?

Dickey Financial Services & Wealth Management Firm

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Do you feel you deserve to be wealthy? Why or why not? Be honest with yourself.

YOUR MONEY VISION

What would your life look like if money were not a concern?

What would you do differently TODAY if you fully trusted your financial future?

What is one money habit you are committed to changing right now?

Remember: There are no wrong answers here. This is a safe space for honest reflection. Your money story doesn't have to be your money future. Ready to rewrite it? Book your FREE 30-Minute Clarity Call using the QR code above.

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